

Have the **Talk**  
of a **Lifetime**®



# Activity GUIDE

A **fun, interactive** way to learn  
what matters most to those you love!



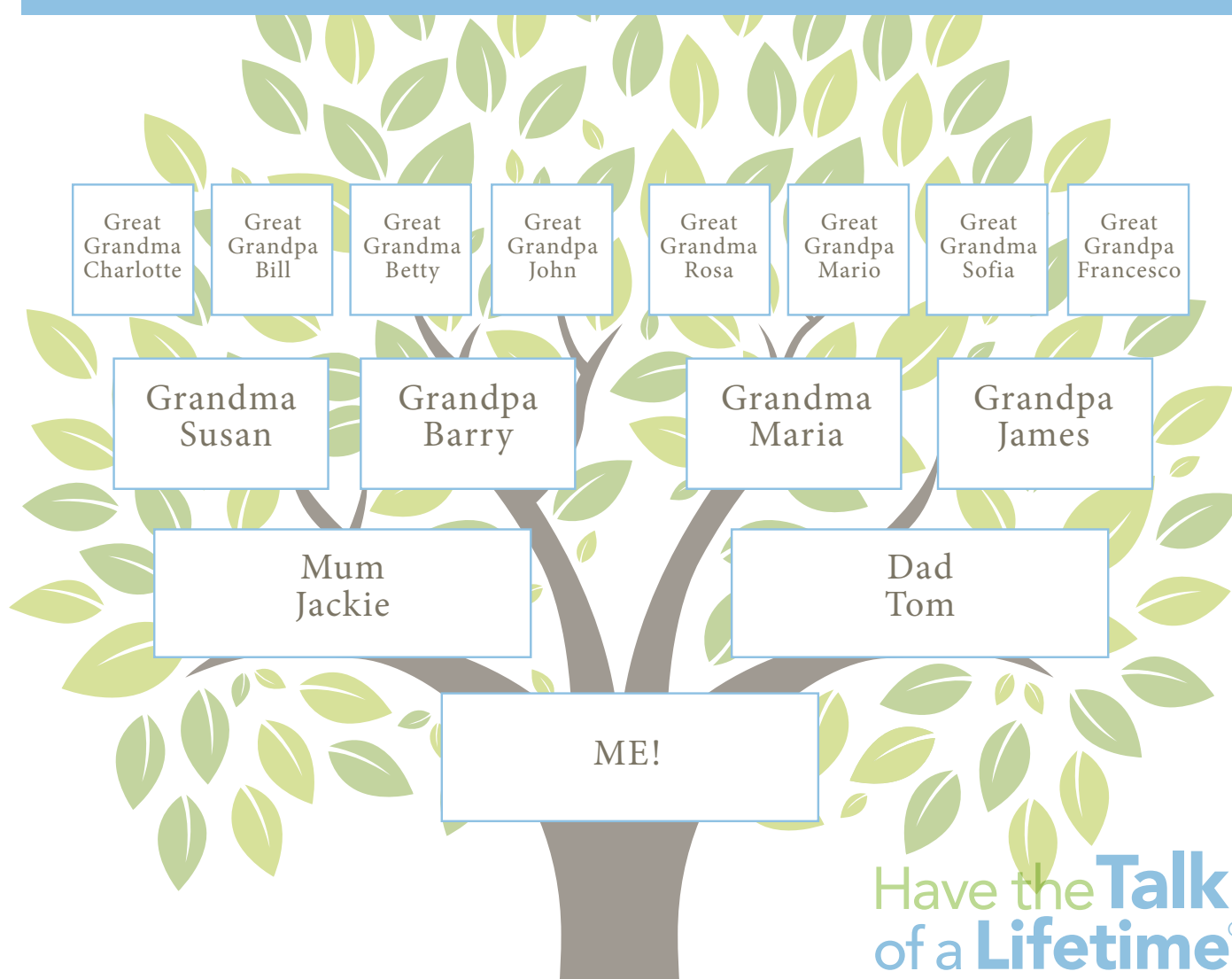
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# ACTIVITIES

## Family Tree

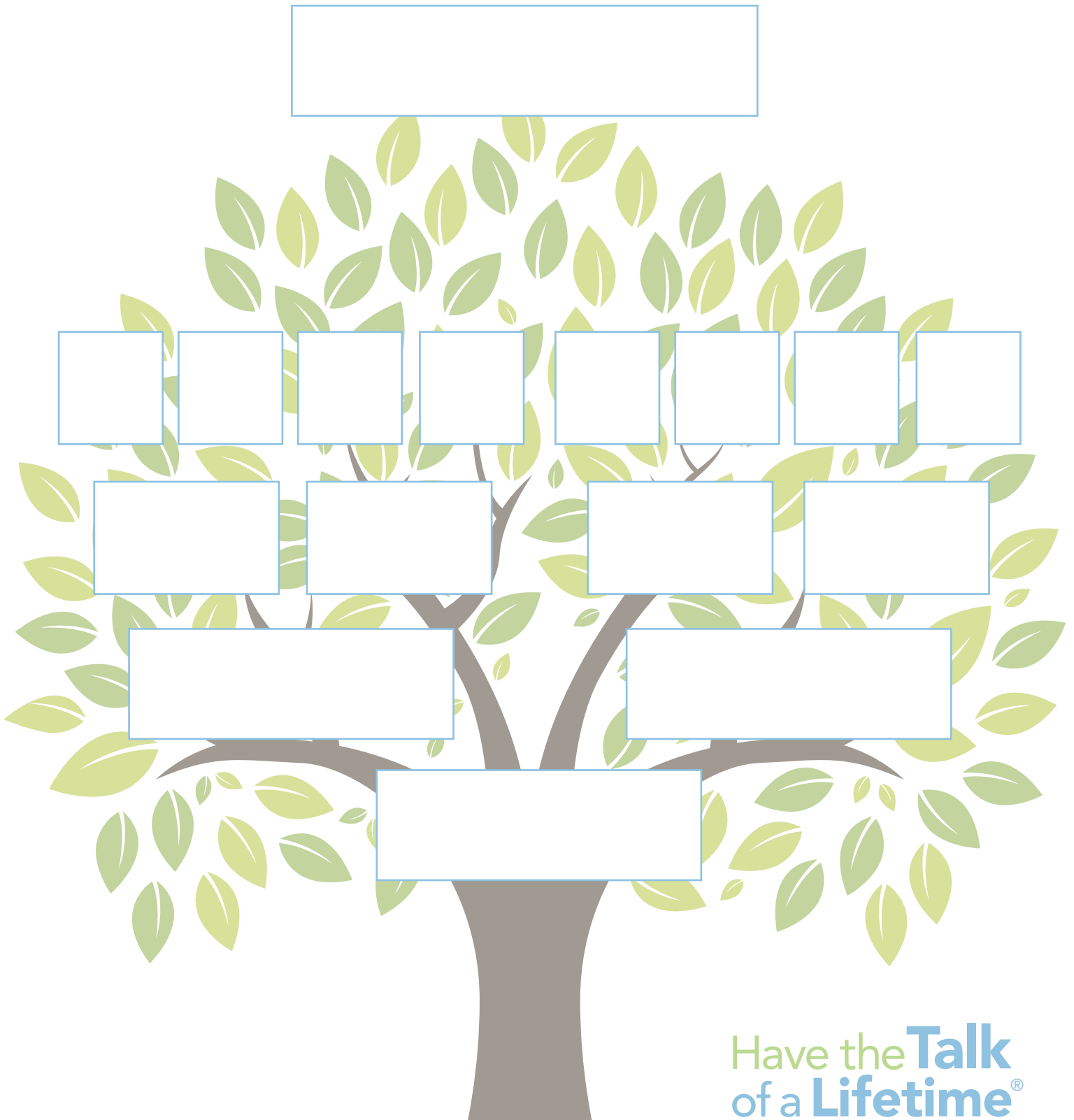
Building a Family Tree is a great way to begin to Have the Talk of a Lifetime. Asking those you love about their ancestors will spark incredible conversation and recall treasured memories from the past. Before long, you'll Have the Talk of a Lifetime and not even know it!

Whether you simply talk about your ancestors or use one of these templates to create a family tree, enjoy the quality time you spend with your family. You never know where conversations about life will take you.



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# ACTIVITIES



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# Have the Talk of a Lifetime<sup>®</sup>

Thank you for your participation.  
We hope you and those close to you  
enjoyed using this guide as you  
began, or continued, to Have the Talk.

We'd love to hear your stories! Go to  
**[talkofalifetime.org/your-story](https://talkofalifetime.org/your-story)** to share  
yours today.