

# Things to consider when you Have the Talk of a Lifetime®, and before you talk to a funeral professional about pre-planning.

- What in your life defines who you are, and how do you want to be remembered?

Are you a lifelong volunteer?  
Did you serve in the armed forces?  
Are there hobbies that helped define you as a person?

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- Was there a defining moment in your life that you believe formed who you are?
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- What would you like at your funeral service that you might not see at another service?
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- How would you like those you love to honour your life when you die?
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- Do you have a favourite charity you would like people to donate to in your honour?
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- Who will handle your financials, insurance and other official documents?

Does that individual know where this information is?

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- What is your favourite (or least favourite) color?
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- Would you like anyone in particular to speak at your service?

What part of your life would they speak about?

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- What would your theme song be?

Is there specific music you'd like played at your service?

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- Who had the biggest influence in your life?

Is there a way you'd like to honour that person?

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- Where would you like the memorial/funeral to be held?
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- Do you want a religious or non-religious ceremony?
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- Flowers often play an important role in memorialisation.

What is your favorite flower?  
What is your least favorite flower?

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- What personal objects would you like at your service?

Photos, family heirlooms, recipes, memorabilia, sporting equipment?  
What is special to you?

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- Do you want to be buried or cremated?

What type of casket?  
How do you want your cremated remains to be handled?  
Where do you want your final resting place to be?

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When we die, we want to be remembered in our own way. That's why it is so important to Have the Talk of a Lifetime and let those close to you know exactly how you want to be remembered. Having this conversation now will significantly reduce the stress for friends and family members when it comes time to make arrangements.

Have the **Talk**  
of a **Lifetime**®

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